

***“If you knew the magnificence of 3, 6 & 9, you would have the key to the universe” - Nikola Tesla.***

## **369 Method & The Law of Attraction**

We often hear about manifesting using The Law of Attraction but what is The Law of Attraction really? The Law of Attraction is one of twelve Universal laws, it means that, “like attracts like”. What you focus on and think about a lot, you attract into your life, both positive and negative.

There are a lot of ways to manifest but recently I discovered and tested a Law of Attraction Method that was quite powerful. A woman named, Karin Yee had the brilliant idea to combine an already powerful manifesting technique with Nikola Tesla’s belief that the numbers, 3, 6, and 9 hold the key to the Universe.

Nikola Tesla was obsessed with the numbers 3, 6, and 9. He believed that these numbers could hold the “key to the Universe”. These numbers represent a trifecta of Vibration, Energy, and Frequency in the Universe. They are truly, “the keys to the Universe”.

3 is said to be the direct link to the universe

6 is our inner consciousness

9 is access to our vibrational energy

Tapping into these numbers when manifesting will powerfully amplify your frequency and energy.

### **How to Use the 369 Manifestation Method**

For this method you will need at least 33 clean pages to write on, something to write with, and a clear desire to make a change in your life.

## **Step 1: Decide exactly what you want to manifest into or out of your life.**

Be very specific about your desire. Clarity is important. Now using a clean sheet of paper, write down your manifestation, in first person, at the top of your first page. Make it as short as possible (no more than 2 sentences) and only on one thing you want to manifest. It's best to focus on one thing at a time. An example could be something like; "I travel the world freely without worrying about money".

## **Step 2: Morning Affirmations**

Write your affirmation 3 times in the morning

## **Step 3: Midday Affirmations**

Write your affirmation 6 times in the middle of your day

## **Step 4: Night Affirmations**

Write your affirmation 9 times at night

## **Tips:**

- As you're writing your affirmation each time, visualize and feel your affirmation as if it's already true and this will help to raise your emotional frequency to the Universe
- While writing and visualizing, think about the outcome of your desire as if what you want has already happened
- After writing your manifestation you don't need to think about again until it's time to write your manifestation again
- If you smile while you write it tricks your brain into feeling happy
- Do this every single day for 33 straight days. If you can't spread it evenly through the day, just write your desire 3, 6, and 9 times when you have the time