100 Dream Symbols and their Meaning



Dream symbols are elements within our dreams that carry specific meanings and can provide insight into our subconscious mind. These symbols often represent aspects of our inner thoughts, emotions, and life experiences. Understanding dream symbols can help us decode messages from our subconscious and gain a deeper understanding of ourselves. Keep a journal of your dreams and you will begin to see patterns of symbols. Find out what they mean.

- 1. Airplane: Travel, freedom, aspiration.
- 2. Angel: Protection, purity, spirituality.
- 3. Animals: Instincts, primal desires, natural urges.
- 4. Baby: New beginnings, innocence, potential.
- 5. Balloon: Celebration, rising above problems, fleeting happiness.
- 6. Beach: Relaxation, emotional balance, the boundary between conscious and unconscious.
- 7. Birds: Freedom, perspective, higher ideals.
- 8. Bridge: Transition, connection, overcoming obstacles.
- 9. Butterfly: Transformation, change, beauty.
- 10. Candle: Hope, enlightenment, spiritual guidance.
- 11. Cat: Independence, femininity, mystery.
- 12. Chasing: Anxiety, avoidance, pressure.
- 13. Climbing: Ambition, progress, overcoming challenges.
- 14. Clouds: Thoughts, confusion, obscured judgment.
- 15. Crossroads: Decisions, choices, new directions.
- **16. Death:** Change, transformation, end of a phase.
- 17. Door: Opportunities, new beginnings, transitions.
- 18. Earthquake: Major changes, instability, upheaval.
- 19. Elevator: Moving up or down in life, changes in status.
- 20. Exam: Stress, fear of failure, self-evaluation.
- 21. Falling: Insecurity, loss of control, fear.
- 22. Fire: Passion, anger, destruction, purification.
- 23. Flowers: Beauty, growth, potential.
- 24. Flying: Freedom, escape, perspective.
- 25. Forest: Mystery, the unknown, subconscious mind.

- 26. Garden: Personal growth, serenity, nurturing.
- 27. Ghost: Past issues, unresolved emotions, fears.
- 28. Gold: Value, wealth, self-worth.
- 29. Hair: Strength, identity, attractiveness.
- 30. Hands: Ability, action, creativity.
- **31. House:** Self, security, personal identity.
- 32. Ice: Emotional coldness, rigidity, stagnation.
- 33. Jewel: Inner beauty, spiritual value, self-worth.
- 34. Keys: Solutions, access, freedom.
- 35. Ladder: Progress, ascension, self-improvement.
- 36. Library: Knowledge, wisdom, information.
- 37. Lightning: Sudden insight, inspiration, destructive force.
- **38.** Lion: Strength, courage, leadership.
- **39.** Lost: Confusion, lack of direction, feeling overwhelmed.
- 40. Mirror: Self-reflection, self-awareness, truth.
- 41. Money: Value, self-worth, power.
- **42.** Moon: Intuition, emotions, the unconscious.
- 43. Mountain: Obstacles, goals, challenges.
- 44. Ocean: Emotions, the unconscious, vastness.
- 45. Owl: Wisdom, intuition, mystery.
- 46. Paralysis: Helplessness, lack of control, fear.
- 47. Path: Direction, journey, life's course.
- 48. Rainbow: Hope, promise, diversity.
- **49. River:** Flow of life, emotions, change.
- 50. Road: Life's journey, direction, choices.
- **51. Rose:** Love, beauty, passion.
- 52. Running: Escape, pursuit, striving.
- **53. School:** Learning, self-improvement, life lessons.
- 54. Ship: Journey, exploration, emotions.
- 55. Snake: Transformation, danger, hidden fears.
- **56. Snow:** Purity, coldness, new beginnings.
- 57. Spider: Creativity, manipulation, patience.
- 58. Stars: Inspiration, goals, dreams.
- **59. Storm:** Turmoil, conflict, emotional upheaval.
- 60. Sun: Energy, vitality, consciousness.
- 61. Teeth: Appearance, self-image, loss.
- 62. Tiger: Power, aggression, fear.
- 63. Tree: Growth, life, stability.
- **64. Tunnel:** Transition, the unknown, subconscious.
- 65. Umbrella: Protection, shelter, preparedness.
- 66. Vampire: Energy drain, fear, danger.
- 67. Vehicle: Control, direction, life journey.
- 68. Volcano: Pent-up emotions, anger, explosive change.
- 69. Waves: Emotions, change, rhythm of life.
- 70. Wedding: Union, commitment, partnership.
- 71. Window: Opportunity, perception, insight.

- 72. Wolf: Instincts, loneliness, survival.
- 73. Writing: Communication, expression, creativity.
- 74. Zoo: Curiosity, exploration, containment of wild aspects.
- **75.** Axe: Cutting ties, decisiveness, aggression.
- 76. Bicycle: Balance, progress, self-reliance.
- 77. Black: Mystery, the unknown, negativity.
- 78. Book: Knowledge, secrets, exploration.
- 79. Box: Hidden aspects, secrets, containment.
- 80. Bread: Basic needs, sustenance, comfort.
- 81. Bridge: Transition, connection, overcoming obstacles.
- 82. Cave: Retreat, the subconscious, exploration.
- 83. Chain: Restriction, connection, obligation.
- 84. Clock: Time, urgency, life span.
- 85. Crown: Authority, achievement, self-realization.
- 86. Crystal: Clarity, purity, healing.
- 87. Darkness: Fear, the unknown, unconscious.
- 88. Dragon: Power, fear, transformation.
- 89. Eagle: Vision, freedom, power.
- 90. Egg: Potential, birth, new beginnings.
- 91. Fence: Boundaries, limitations, separation.
- 92. Fish: Insights, fertility, subconscious thoughts.
- 93. Gates: Access, opportunities, transitions.
- 94. Glass: Transparency, fragility, protection.
- 95. Hat: Identity, role, protection.
- **96. Island:** Isolation, self-discovery, tranquility.
- 97. Jungle: Complexity, the unknown, primal nature.
- 98. Knife: Conflict, separation, precision.
- 99. Labyrinth: Confusion, journey, self-discovery.
- 100. Mask: Hidden aspects, deception, identity.

This guide provides a brief interpretation of common dream symbols. However, the meaning of a dream can vary based on personal experiences and emotions. Understanding your dreams often requires reflecting on how these symbols relate to your waking life.

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